

Patient Preparations and Post Procedure Instructions



Mammogram - Please arrive without any perfumes, deodorizer or powders.

Ultrasound -

For Children - These exams vary, please call our office for instructions.

For Abdominal, Aorta studies, Renal Arteries & Elastography - please refrain from eating or drinking for 6-8 hours prior to your exam.

For Renal, Pelvic, OB (1st Trimester) - please drink 24-32 ounces of water 1 hour prior to your exam.
*try to have a full bladder at the time of exam

Other OB exams - for the two days prior to your exam stay well hydrated. Please arrive with a full bladder. Please drink 24-32 ounces of water and eat 30 minutes prior to your exam.

Echo - Prior to your study please refrain from caffeine or other stimulants and any exercise prior to exam.

CT -

CT Scan with Contrast - This exam requires an IV to be placed, please arrive well hydrated for your exam.

Calcium Scoring Exam - Prior to your study please refrain from caffeine or other stimulants. Please refrain from strenuous exercise for at least 12 hours prior to your study.

MRI - Please arrive in comfortable, non restrictive clothing. You will be asked to complete a screening form for your safety and may be asked to change clothes. We provide lockers to secure valuables and sweatpants or shirts if needed.

**If you are requiring medication to complete your MRI due to Claustrophobia, please contact your ordering provider for a prescription and take as instructed prior to your exam.

Injections -

LESI /NRB - Please plan to have a driver for any spinal injections.

Myelogram - Please be prepared to lay flat at home after exam to avoid headaches.

X-Ray - Please be prepared to remove metal in the area of exam (Bra, jewelry, belts, clothing with metal, etc.) We provide lockers to secure valuables and sweatpants or shirts if needed.

Our mission is to provide exceptional imaging, timely and comprehensive radiological reports, and ultimately a collaborative diagnosis with the highest level of patient comfort.

Our new location is equip with State of the Art equipment and our dressing rooms, we hope you will find Spa Like to encourage a relaxed procedure.

If you have any questions please call us at 907-373-3700